Raising Self-Directed Learners:
A workshop series for parents of children with ADHD and learning disabilities

Join us for a 6 week workshop series on creating confident and independent learners, in and outside of the classroom.

Learn how to:
• Increase your understanding of the challenges students with exceptionalities face with organization, attention, goal setting, time management, motivation and their impact on schoolwork, learning and homework
• Use coaching strategies and coach-like language to support your child in becoming a self-directed learner
• Champion your child
• Help build the skills required to create self-directed learning environment
• Identify the change you would like to see and create a plan for moving forward

Highlights:
• Participate in coaching demonstrations
• Participate in role playing using real examples
• A very client centered and interactive workshop series where parents will have the opportunity to ask questions and share personal experiences
• A workshop full of strategies, resources, interventions, and tools
• A different topic will be discussed each week, including motivation, goal setting, attention, self-confidence, self-advocacy, metacognition, and more!

Workshop Information:
Cost: $180 for 6 weeks (payment plans are available)

Evening series –
Wednesday evenings, 6:30pm-8:30pm
September 21 - November 2, 2011

SPACE IS LIMITED PER WORKSHOP
SO PLEASE REGISTER EARLY

LDA-York Region
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Workshop fees are transferable but non-refundable.