

Markville S.S.
Health & Physical Education Department

Dear Parent/Guardian,

On Tuesday March 10, 2009, the Phys. Ed. Department is organizing a ski & snow-boarding trip to Mount St. Louis/Moonstone Ski Resort in Barrie. This ski trip is offered to all physical education students from both first & second semester of this school year. We will be leaving the school at 7:00 am and will be returning at 4:30 pm. All participants must take a lesson at the hill. Students must choose either skiing or snow boarding or snow blading for the entire day.

The following is a breakdown of the costs, circle the package that you're interested in and place the required information on the side:

		(Weight) (Height)(Shoe Size)
A. Lift ticket, lesson & bus cost	\$35.00	-----
B. Ski rental, lift ticket, lesson & bus cost	\$46.00	() () ()
C. Snow board rental, lift ticket, lesson & bus cost	\$55.00	() () ()
D. Snow blade rental, lift ticket, lesson & bus cost	\$55.00	() () ()
E. Season Pass Members- lesson only	\$25.00	-----

* Please make out cheques payable to Markville Secondary School.

If you give permission for your son/daughter to go on this trip, please fill out all the information on the attached sheets and return this package along with a **cheque/cash during Period 3 and 4 in the atrium on Monday March 2nd or Tuesday March 3rd**. Space is available on a first come, first served basis. As with all Field Trips, there is to be no drug use of any kind and students must travel to and from the hill on the bus.

Inherent Risk

Skiing/snowboarding/snowblading is a sport with physical demands and inherent risks, which are beyond the control of **Mount St. Louis Moonstone Ski Resort Limited**. Falls, collisions and other incidents may occur and cause injury. Participants will assume the inherent risks of the sport.

I _____ have read over the information and give _____
(Please print- Parents/ Guardians name) (Please print –child’s name)

permission to attend the Ski/Snowboard trip to Mount St. Louis Moonstone on **Tuesday March 10, 2009**.

(Parents/ Guardians Signature)

Deadline to register for this trip is Tuesday March 3, 2009. No refunds will be given after this date.
Please hand in during Period 3 or 4 in the atrium on Monday March 2nd or Tuesday March 3rd!
As stated before, the trip is on a first come, first serve basis!

Thank you,

MSS Phys. Ed. Staff

Mount St. Louis Moonstone Ski/Snowboard Trip

Dear Parent/Guardian:

Mount St. Louis Moonstone's Education Program requires that everyone take a one hour group lesson **regardless of ability**. All students must go through an initial ski-off to determine the appropriate lesson level and recommended ski/riding terrain. For the safety of our visiting students and the skiing/boarding public, the Resort's progressive sticker system controls where each student skis or rides.

Beginner lessons begin immediately, and Intermediate and Advance lessons will follow. The instructors will inform students of lesson times after they have gone through the initial ski-off. The opportunity to upgrade the colour code sticker is given during a second ski-off scheduled for 12:30pm. Those students wishing to switch from snowboarding to skiing may do so, but a second lesson is required for additional cost of \$7.00. **Skiers may not switch from skiing to snowboarding.**

Helmets are mandatory for everyone (skiers or snowboarders) that will be going into the Snowboard/Terrain Parks and Half Pipes. Mount St. Louis Moonstone does not rent helmets, but will accept any helmet (bike, hockey) that is CSA approved. Mount St. Louis Moonstone strongly recommends helmets and wrist guards for all beginners (skiers and snowboarders). Students wishing to try snowboarding for the first time should keep in mind that snowboarding is a physically demanding sport and may not be the right choice for the most enjoyment. **Snowboard leashes are also mandatory.** Cross-country ski poles are **not** allowed at Mount St. Louis Moonstone.

Things to remember: **Clothing is very important** – Dressing in layers is encouraged. Warm mitts or gloves, socks and a warm hat are essential. Goggles can also be a necessity depending on weather conditions. Rental lockers are available for a deposit of \$5.00. \$2.00 will be refunded when the key is returned. Students may bring their own lunches or lunches may be purchased in one of our cafeterias. **The most important information:** If at anytime a student needs help and they are unable to locate a teacher or supervisor, the can always go to one of our Snow Instructors, Lift Attendant, Ski Patrol or to our Guest Services Department located at both base lodges.

Alpine Responsibility Code

There are elements of risk that common sense and personal awareness can help reduce. Regardless of how you decide to use the slopes, **always show courtesy to others.** Please adhere to the code listed below and share with others the responsibility for a safe outdoor experience.

1. Always stay in control. You must be able to stop or avoid other people or objects.
2. People ahead of you have the right-of-way. It is your responsibility to avoid them.
3. Do not stop where you obstruct a trail or are not visible from above.
4. Before starting downhill or merging onto a trail, look uphill and yield to others.
5. If you are involved in or witness a collision or accident, you must remain at the scene and identify yourself to the Ski Patrol.
6. Always use proper devices to help prevent runaway equipment.
7. Observe and obey all posted signs and warnings.
8. Keep off closed trails and areas.
9. You must not use lifts or terrains if your ability is impaired through the use of alcohol or drugs.
10. You must have sufficient physical dexterity, ability and knowledge to safely load, ride and unload lifts. If in doubt, ask the lift attendant.

Mount St. Louis Terrain Parks

Terrain parks are featured at Mount St. Louis Moonstone for both skiers and riders. Elements you might encounter include half pipes, quarter pipes, washboards, table tops, and banked turns. Inverted aerials prohibited. **Please obey posted signs.**

Snow sports are dangerous. You assume all risks of injury and death. Use caution as elements and conditions are fairly unpredictable. **Helmets are mandatory for everyone (skiers and boarders) using the Snowboard/Terrain Parks and Half Pipes.**

Mount St. Louis Moonstone Ticket Removal Policy

To help maintain courteous skiing/snowboarding at the resort, certain Mount St. Louis Moonstone personnel have been given the authority to warn skiers/snowboarders and, if necessary, remove their tickets or season passes, for out of control or irresponsible skiing/snowboarding, being intoxicated or for any other act which endangers the individual skier/snowboarder or anyone else.

MARKVILLE SECONDARY SCHOOL – (905) 940-8840
STUDENT FIELD TRIP PERMISSION FORM

To the Parents/Guardians of: _____

Field trips complement and support learning experiences. They are important parts of many Markville courses. We would like your son/daughter to participate in the scheduled field trip described below. Please sign this form to indicate that you are aware of the activity, have noted the teachers' comments, and consent to have your son/daughter participate.

No student will be denied the opportunity to participate if s/he cannot afford to contribute to the costs. Any student in such a position should see the teacher involved.

Should severe weather conditions jeopardize the safety of the student(s) and prevent his/her return as scheduled, the parent agrees to accept the expenses incurred until safe return is possible.

Date of Trip: Tuesday, March 10, 2009

Description of Field Trip (Itinerary, Lunch, etc.):

7:00 am	- Depart Markville SS
8:30 am	- Arrive at hill and briefing
9:00 am	- Rentals
9:30 am	- Lesson
10:00am to 2:00pm	- Free Ski and Snowboard
2:30 pm	- Bus departs Moonstone
4:30 pm	- Arrive at Markville SS

Transportation Method: School Bus Only Total Student Cost: \$35.00 - \$55.00

Participating Group: Health and Physical Education Students (must have a Phys-Ed course in 2008-09 school year)

Supervising Teacher(s): Ms. Norman, and two other teachers

Time of Departure: 7:00 am

Estimated Time of Return to Markville: 4:30 pm

**STUDENTS ARE TO OBTAIN THEIR TEACHERS' SIGNATURES BEFORE SHOWING THIS FORM
TO THEIR PARENTS OR GUARDIANS.**

**UNDER NO CIRCUMSTANCES ARE STUDENTS PERMITTED
TO USE PRIVATE TRANSPORTATION.**

MARKVILLE SECONDARY SCHOOL – (905) 940-8840
STUDENT FIELD TRIP NOTIFICATION FORM

Participation in field trips is a valuable educational activity and is considered to be an excused absence. Students, however, are expected to assume responsibility for missed work and make all necessary arrangements with their teachers.

Please sign below to indicate that you have been notified of the trip and have discussed the work that will be missed, homework to be assigned, and any other implications with your student.

PER	SUBJECT	TEACHER SIGNATURE	COMMENTS (IF APPLICABLE)
1			
2			
3			
4			
5			

.....
 I have noted the teachers' comments and I give permission for _____
(Student's Name)

to participate in the Phys. Ed. Ski and Snowboard field trip on Tuesday March 10, 2009
(Destination) (Date)

and behave in accordance to school and board expectations.

NOTE: Students who are 18 years of age and older may sign their own permission forms; students under 18 years of age must have a parent/guardian signature.

Parent's Signature: _____ Date: _____

Student's Signature: _____ Date: _____

EMERGENCY CONTACT - NAME: _____ RELATION: _____ PHONE: _____

MEDICAL ALERTS/CONCERNS THAT SUPERVISORS SHOULD BE AWARE OF:

DIETARY NEEDS: _____