To Parents and Students at Markville and Markville’s Feeder Schools

Is your child adversely affected by stress? Does your son or daughter often feel that he/she is not living up to expectations? Perhaps you have struggled yourself with symptoms of perfectionism as an adult. Our Parent Engagement Evening at Markville might be helpful for you.

On Wednesday, November 20th, Markville will be hosting a Parent Engagement Presentation prior to our Parent Interview Night. The presentation will begin at 5:30 pm until 6:45 pm. The interview portion of the evening will begin directly after this presentation.

This year, we are proud to announce that Dr. Gordon Flett, Professor at York University and Canada Research Chair in Personality and Health will be addressing all interested parents, students and staff. Dr. Flett is most recognized for his research and theories on the role of Perfectionism and psychological health issues. His work in this area has been the subject of numerous media stories including coverage on CTV, CNN and BBC.

Dr. Flett’s research examines the many health problems stemming from stress and the inability to cope with stress. He believes that certain aspects of the personality trait of perfectionism can be particularly harmful. Much of his research has specialized in the study of perfectionism in both children and adults.

Please join us for this very informative evening. Parents, students and staff are all welcome.

Date Reminder: Wednesday, November 20th, 5:30 pm – 6:45 pm, Markville Cafeteria.